## FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Typ	e Responses	)															
1. Name and Address of Reporting Person *- GOPLERUD PENNE A					2. Issuer Name and Ticker or Trading Symbol UR-ENERGY INC [URG]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  Director X Officer (give title below) Other (specify below)  See Remarks					
(Last) (First) (Middle) 10758 W. CENTENNIAL ROAD, SUITE 200					3. Date of Earliest Transaction (Month/Day/Year) 12/16/2016												
(Street)					4. If Amendment, Date Original Filed(Month/Day/Year)							6. Individual or Joint/Group Filing(Check Applicable Line)  X_ Form filed by One Reporting Person Form filed by More than One Reporting Person					
LITTLETON, CO 80127 (City) (State) (Zip)					Table I. Non Desirative Countities Assumed Directal of the Desirative Countities												
_					Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned												
1.Title of Security (Instr. 3)		2. Transact Date (Month/Da	y/Year)	any	ecution Date, if Code (Instr. lonth/Day/Year)		Fransa de str. 8)	(A)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)  (A) or Amount (D) Price		Transaction(s) (Instr. 3 and 4)			6. 7. Nature Ownership of Indirect Form: Beneficial Direct (D) Ownership or Indirect (I) (Instr. 4)			
Reminder: R	eport on a se	eparate line for each	class of sec	curities b	eneficia	lly o	wned direc	etly or	Persons	s who respon ed in this for splays a curre	n are not	t required	to respond	d unless the	SEC 147	74 (9-02)	
			Tal							sed of, or Bene		wned					
Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, it		4. Transaction Code		5. Number of		options, convertible secur  6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amoun of Underlying Securities (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s)	Ownership Form of Derivative Security: Direct (D) or Indirect	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)		Date Exercisable	Expiration e Date	Title	Amount or Number of Shares		(Instr. 4)	(Instr. 4)		
Common share options (right to buy)	\$ 0.5473 (1)	12/16/2016			A		216,836		<u>(2)</u>	12/16/2021	Commo shares	<sup>n</sup> 216,836	\$ 0	702,480	D		
Restricted share units (exchange for common stock)	(3)	12/16/2016			A		54,210		<u>(4)</u>	(4)	Commo shares	1 54 210	\$ 0	104,909	D		
Report	ting O	wners															
Re	porting Ow	ner Name / Addres	ss		Relationships												
Reporting Owner Name / Address  Direct  GOPLERUD PENNE A  10758 W. CENTENNIAL ROAD, SUITE 200  LITTLETON, CO 80127					see Remarks			Othe	er								
Signat	ures																

### **Explanation of Responses:**

/s/ L. Charles Laursen pursuant to Power of Attorney

\*\*Signature of Reporting Person

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The options were priced at \$0.73 Canadian dollars. This is the U.S. dollar equivalent of the purchase price pursuant to the exchange rate as of the transaction date (Cdn\$ 1.00 = US\$0.7497) as reported by Bank of Canada on its website, www.bankofcanada.ca.

12/20/2016

Date

- Options vest from this grant and become exercisable as follows: 21,684 on December 16, 2016; 47,704 on May 2, 2017; 47,703 on September 16,2017; 47,704 on January 31,2018 and 52,041 on June 16,2018.
- (3) Each unit is redeemable upon vesting for one common share

(4) Units vest and become redeemable on December 16, 2018.

#### Remarks:

General Counsel and Corporate Secretary

 $Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, {\it see}\ Instruction\ 6 for procedure.$ 

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.